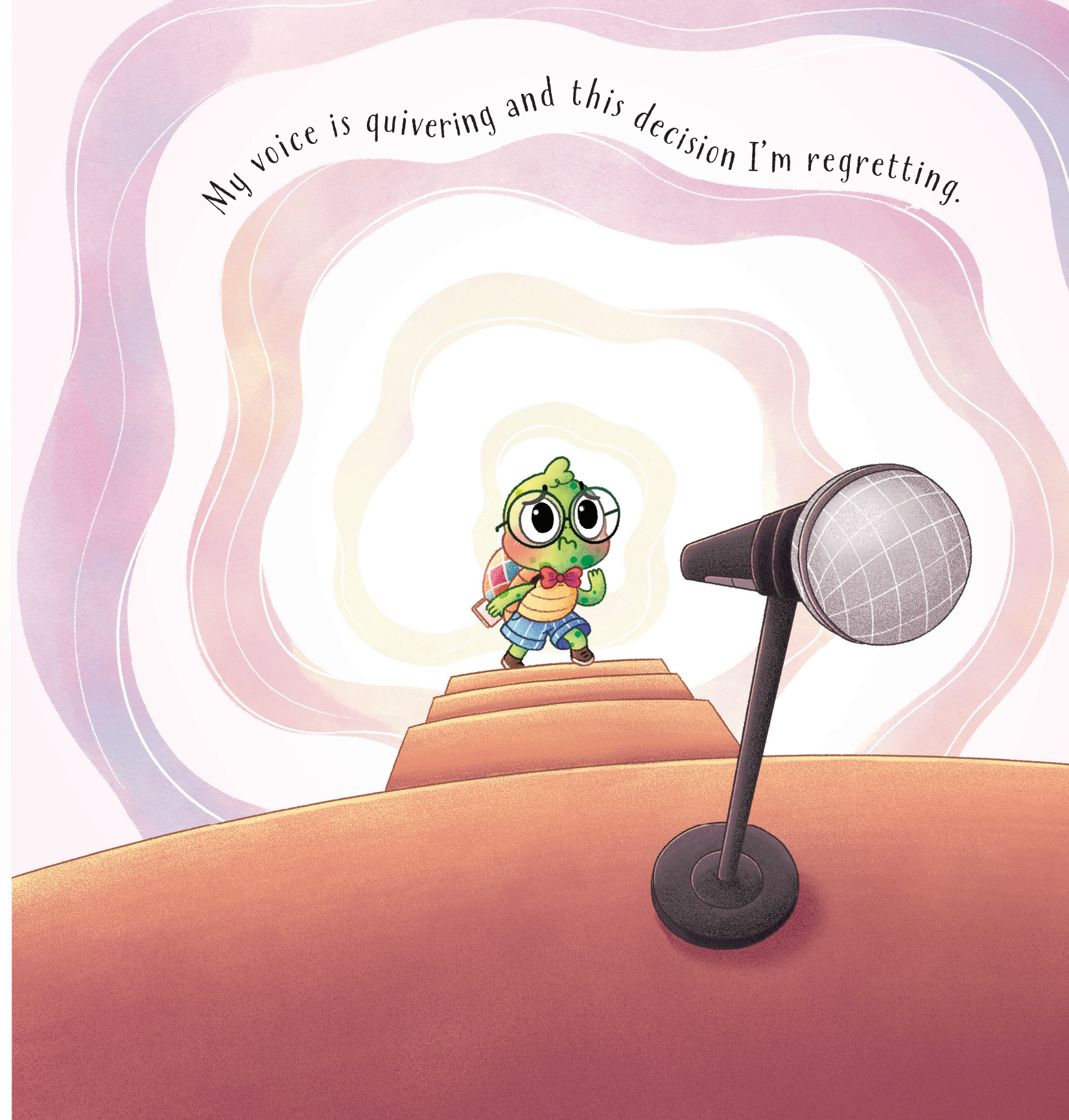


My heart is pounding
and my hands are sweating.



My voice is quivering and this decision I'm regretting.



Fear can convince me
to run away and hide,
so that no one really
knows how I feel inside.





But what if I am brave enough to show my face

*and take that first step
with confidence and grace?*